



Empathy through Reading



I appreciate reading about people who live their lives with all the best intentions and choose to be truthful in their failures. It makes them real and relatable. You don't necessarily need to live through the same set of circumstances to appreciate their story; you just need an open heart to listen. When you recognize and understand the feelings of someone else, it's called empathy. Empathy is an essential social and emotional learning skill (SEL) developed, over time, that allows us to have healthy, bucketfilling relationships.

Reading books is one of the quickest and most effective ways to develop empathy, escape the confines of our own life story, and mentally put us into the shoes, and perspective, of other people. When we empathize with others' feelings, we can better understand their behavior and respond in healthier ways. Isn't this the learning we want for children? One of the best tools we can give them is a healthy set of social and emotional skills. When we introduce stories, characters, and the opportunities to explore diverse emotions and situational experiences, children learn to flex their critical thinking skills and how they would respond in similar circumstances.

Investing in books that increase children's SEL skills is a win-win situation for families and schools alike. With so many choices available, we hope you will kick off "March is Reading Month" by revisiting the classic, *Have You Filled a Bucket Today?* We can't think of a better book to challenge readers to respect others, look for opportunities to fill buckets, and be kind.

To filling buckets,

Sandy

Sandy Richardson, Office Coordinator

March is Reading Month Sale



To help you celebrate **March is Reading Month**, all our individual Bucket Fillers' titles are 50% off during the entire month!

[Shop Now](#)

Discounted books shown above. Discount price is automatic. Book sets and full-case book quantities are excluded from the sale pricing. Shipping and handling charges are added to each order at check-out. To qualify for the discount, orders must be submitted online by 11:59PM EST March 31, 2021. For school purchase orders, submit your order online using the "Hold" option before sending your P.O. to us. If you have questions, please email us at support@bucketfillers101.com.

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