



What will you remember?



When you look back at 2020, I hope the things you remember, most of all, are the acts of kindness, both those done by you and for you. I think you'd agree that most of the life-changing events of this past year were outside of our control—the pandemic, wildfires and hurricanes, political and social unrest, and business and school closings. Our only control was how we responded. Were you able to respond with wisdom, empathy, and kindness at a time filled with more challenges than most of us have ever experienced? Could we put ourselves in someone else's shoes?

If you helped, supported, or thanked a neighbor, friend, essential worker, teacher, or stranger in any way, thank you. If you taught your children to reach out and help, thank you. I hope you will remember everything you did to fill buckets.

If you were one of the millions who needed help, I hope you will remember those who gave you and your family kindness and support.

I am grateful that I had many mentors in my life who modeled and taught me empathy. One mentor was my Great Uncle Frank. Both of my grandfathers were deceased before I was born. My dad's father had one brother, Frank Walsh, who assumed a grandfather's role in our family. Uncle Frank was one of the happiest people I have ever known. I think so highly of him that I chose his likeness for the cover of our first book, *Have You Filled a Bucket Today?*

Long before I ever heard the term "bucket filler," I remember the words from my Uncle Frank: You always have the choice to say or do something good. When I was young, Uncle Frank would say to me, "Sure, it's great to make the honor roll or the team, but treating everyone with respect is far more important than any gold star, applause, or medal."

Yes, it's very easy to focus on the pain and hardships of 2020, many of which we are still experiencing. But what we really need to focus on is the good done by you and for you. Those memories will fill your bucket.

To remembering the kindness,



Carol McCloud, "The Bucket Lady"



Bucket Fillers

Follow Us

