

Words of Wisdom to Keep Your Bucket Filled

THe Love You SHake

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Valentine's Day sure looks a lot different to me now than it did as a child. In grade school, it was exciting to pick out colorful notes and candies to pass out. I couldn't wait to create that perfect mail box to



collect my valentines in! As a high schooler, it was always thrilling to be the recipient of a red carnation in my homeroom class. Even as a young married person, February 14th was typically circled on my calendar as a day to celebrate with my husband, usually by going out to dinner or marking the occasion in some other special way.

Like it very often does, life changes. Different seasons in life will bring about new relationships. Today, I not only celebrate the love that I share with my husband, but the love I have for my friends and family. I am blessed to have at least five different women in my life, as well as amazing sisters, that I have a deep affection for. I love them all and I know they love me, too. We may not always be able to see each other, but we are always there for each other when it matters.

Never underestimate the importance of the love you share with your friends. We all need friends and that sense of belonging and camaraderie that friendships bring. This Valentine's Day, let them know how much they mean to you - call them, send them a text, or go knock on their front door. Make sure they know exactly how much you love them and how it fills your bucket! To love and friendship, Sandy Sandy Richardson Bucket Fillers' Office Coordinator **Bucket Fillers**