



FILLING BUCKETS ALL YEAR LONG

Making a point to purposely fill buckets can make a big impact on your entire year. Focusing on a specific theme each month can help challenge you in your bucketfilling journey.

Purpose

To help individuals focus on purposeful bucket filling every month of the year.

Materials Needed

- 1) "Filling Buckets All Year Long" sheet
- 2) Pencil or pen

Procedure

- 1) Give each student a copy of the "Filling Buckets All Year Long" sheet.

| Filling Buckets All Year Long | | |
|---|---------------------|-------------------|
| <small>Spread bucket filling throughout the year to help create a more bucketfilling world! Focus on a specific bucketfilling theme each month and complete tasks that coordinate with that theme. Keep track of your theme and tasks in the chart below!</small> | | |
| Month | Bucketfilling Theme | Tasks to Complete |
| January | | |
| February | | |
| March | | |
| April | | |
| May | | |
| June | | |
| July | | |
| August | | |
| September | | |
| October | | |
| November | | |
| December | | |

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2) Brainstorm ideas on different themes you can do each month of the year. You can do this on your own, as a family, or with a classroom of students. Some good theme ideas are: Donate, Read, or Invite.

Check out ideas in our books! *Bucket Filling from A to Z* has a great list of ideas you can use!

3) Come up with ideas of bucketfilling things you can do to go with each theme:

A. Donate:

- Donate toys to a local children's home
- Donate food to a local food bank
- Donate time to a retirement community

B. Read:

- Read at story time at your local library
- Read to an elderly person in a retirement community
- Read a book to younger neighbor

C. Invite:

- Invite a neighbor over for coffee
- Invite a friend to a movie
- Invite a co-worker to lunch

These are just a few ideas for ways you can fill-out your "Filling Buckets All Year Long" sheet. Post it in a place where you see it all the time. Then, at the end of the year, look back at all the fun, bucketfilling things you accomplished throughout the year. It will remind you how much you did to fill buckets . . . Including your own!



Bucket Fillers

