



Love is Kind

Volume 13, Issue 3
Week of February 24, 2019

I love decorating for all the different holidays. It fills my bucket to add small decorations around the house for each season and/or holiday. Sometimes I'll find a new decoration to add to my collection. This year, for Valentine's Day, I found a barn wood heart that caught my eye. On the front it says, "love is kind." It made me think . . . What is love?



Love is a theme seen throughout the entire month of February. With Valentine's Day in the middle of the month, you can find decorations of hearts and love everywhere - in stores, classrooms, or even on TV.

Valentine's Day happens to be the second most popular day for couples to get engaged (Christmas is the most popular). Love is in the air.

But the type of love I'm talking about is not a love between a couple, a parent and child, or friends. I'm talking about a "kind love." A "kind love" is a different type of love. It's not merely an attitude or state of being. It's active, demonstrating love through our actions. A person who shows "kind love" helps others without hesitation, not contingent on anything.

Ancient Greeks labeled this type of love as "Agape." Agape was first defined as a Christian love for God and God for mankind. But it was author C.S. Lewis, in his book *The Four Loves*, that described agape as "the highest level of love known to humanity; a selfless love that is passionately committed to the well-being of others."

If we all showed this type of love to others, we would fill buckets everywhere we went and would change the world around us, one person at a time. I challenge you to have more "kind love" (or agape) in your lives every day. It will not only fill the buckets of those around you, but fill your bucket, too!

To showing more "kind love,"

Caryn

Caryn Butzke, Bucket Fillers' Chief Operating Officer



Bucket Fillers

