



# Bucket Fillosophy® 101

Sharing Bucketfilling Ideas  
Bucket Lesson #55

Week of November 25, 2018  
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## Advent of Kindness

We came across this advent calendar online and thought what a great idea to spread kindness this Christmas season! We wanted to share with you this wonderful calendar of ideas to fill a bucket every day!

## DECEMBER 2018

<b>1.</b> GIVE SOMEONE A HUG OR COMPLIMENT	<b>2.</b> LET SOMEONE IN FRONT OF YOU IN LINE	<b>3.</b> BUY A FRIEND OR COLLEAGUE COFFEE	<b>4.</b> HOLD THE DOOR OPEN FOR SOMEONE	<b>5.</b> GIVE A FRIEND OR LOVED ONE YOUR FULL ATTENTION
<b>6.</b> DONATE A CHRISTMAS PRESENT TO A CHARITY	<b>7.</b> TELL A JOKE TO MAKE SOMEONE SMILE	<b>8.</b> DO SOMETHING KIND FOR YOURSELF	<b>9.</b> HIDE A HAPPY NOTE FOR SOMEONE TO FIND	<b>10.</b> DONATE UNWANTED BOOKS TO CHARITY
<b>11.</b> TAPE SOME MONEY ON A VENDING MACHINE	<b>12.</b> SMILE AT A STRANGER OR 2. OR 15	<b>13.</b> GET IN TOUCH WITH AN OLD FRIEND OR RELATIVE	<b>14.</b> LET A CAR IN FRONT OF YOU IN TRAFFIC	<b>15.</b> WRITE OR SEND A THANK YOU NOTE TO SOMEONE
<b>16.</b> SMILE AND THANK SOMEONE WHO SERVES YOU	<b>17.</b> TELL SOMEONE YOU LOVE THEM	<b>18.</b> PAY FOR A STRANGER'S COFFEE	<b>19.</b> OFFER TO HELP SOMEONE	<b>20.</b> FEED ANIMALS (BIRDS, DEER, ETC.)
<b>21.</b> DONATE UNWANTED CLOTHES TO CHARITY.	<b>22.</b> DO SOMETHING UNEXPECTED FOR SOMEONE	<b>23.</b> GIVE A TREAT TO YOUR POSTAL CARRIER	<b>24.</b> DO SOMETHING KIND FOR YOURSELF	<b>25.</b> REFLECT AND RECORD HOW MUCH JOY THIS SEASON BROUGHT YOU

(Note: We couldn't locate the original author to give credit.)