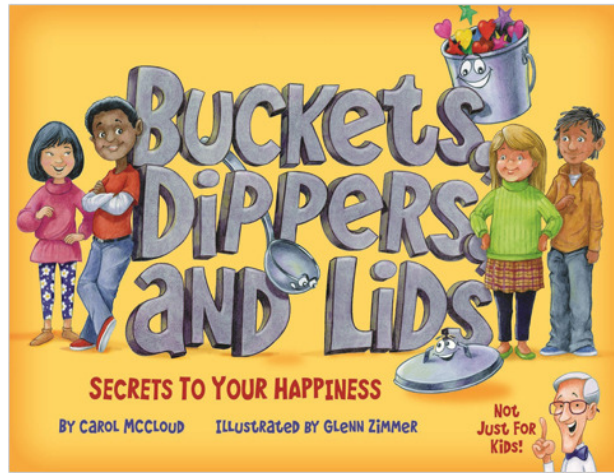


New Release!



What if the secrets to happiness were so simple that a seven-year-old could understand? I believe they are simple. They're not easy, but they can be taught, understood, learned, and practiced throughout life.

The happiness secrets revealed through the words and illustrations found in our newest book, ***Buckets, Dippers, and Lids: Secrets to Your Happiness***, can actually create a foundational paradigm shift that changes the way we think about things. Our emotional intelligence grows.

On an adult level, your bucket is your mental and emotional health. On a child's level, your bucket holds your happiness or your good thoughts and feelings. While other people can affect our happiness, our happiness belongs to us and we can learn to protect it. This book was written not only to put a stop to bullying but to prevent the long-term damage that bullying can cause for everyone involved.

Buckets, Dippers, and Lids is not just a children's book; it's for adults, too. Three concrete objects – a bucket, a dipper, and a lid – help readers see and learn what adds to happiness, what takes some away, and what protects it. The book is also a great counseling tool. It's to be read and reread as we change the way we think about things.

With the help of Glenn Zimmer's expressive drawings and three talented editors, Caryn Butzke, Sandy Richardson, and Kathleen Marusak, I hope that ***Buckets, Dippers, and Lids*** does exactly what it was meant to do – create more kindness and more happiness.



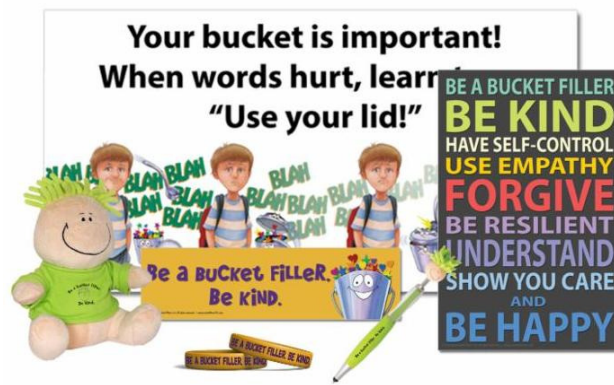
Click for Video: Author Carol McCloud talks about *Buckets, Dippers, and Lids*.

Carol

Author Carol McCloud

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