

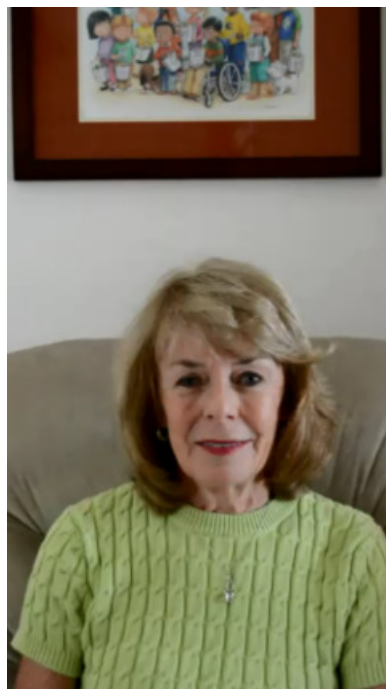


# Bucket Fillosophy® 101

Words of Wisdom to Keep Your Bucket Filled

Volume 11, Issue 6  
Week of March 12, 2017

## Let's Help Kids!



**Click for Video: Carol McCloud talks about this week's e-newsletter**

Rachel Harris was in kindergarten when her teacher read our book, *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids*. That day, Rachel, along with her classmates, learned that everyone has an invisible bucket and when we do kind things for others, we "fill their bucket."

As her mother, Jen Sterling, drove Rachel home after school, Rachel announced from the back seat she wanted to run her own company someday. Rachel's mom asked her daughter what kind of business she'd like to have. Rachel replied, "I'd like to help kids." She wanted to be in charge of filling buckets.

Her mother, president of a marketing firm, felt that her six-year-old was ready to launch her company. Rachel became CEO of the non-profit, *Let's Help Kids!* and set a goal to "help elementary-school aged children whose families were experiencing financial hardship by providing them with special items or experiences that they otherwise could not afford."

Fast forward to 2017 and we find CEO Rachel Harris in 7<sup>th</sup> grade. Her non-profit continues to be supported by a volunteer board and many benefactors. Like any child, Rachel loves to have fun and we're sure part of that fun includes her CEO duties, including reading requests, buying gifts, delivering gifts and speeches, raising funds, and filling kids' buckets.

***Let's Help Kids!*** has an impressive track record for filling buckets: As of February 2017, *Let's Help Kids!* has delivered **795** weeks of summer camp, **474** costumes, **212** event passes, **102** birthday presents, **29** new bikes, and **502** general gifts in the Virginia, Maryland and Washington, D. C. area.

To be delighted, inspired, and totally fill your bucket, visit [www.letshelpkids.org](http://www.letshelpkids.org) and learn more about programs and events that include the Art Auction for Happiness, the Bucket Brigade and National Ice Cream Day. *Let's Help Kids* is based on the belief that "everyone, no matter how small, no matter how little they have to offer, can make a difference in the community." Fill a bucket today . . . you'll be glad you did!

Happy Bucket Filling,

*Carol*

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