



# Bucket Fillosophy® 101

## Words of Wisdom to Keep Your Bucket Filled

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### G is for Give

**Dear Fellow Bucket Filler,**

*Give a big bright smile or a little of your time.  
These are very welcome gifts that won't cost you a dime.*

You will find this little rhyme on the "G page" of our award-winning picture book, *Bucket Filling from A to Z: The Key to Being Happy*.

December is a month of traditions that include purchasing, wrapping, and giving gifts. However, long before we turn our calendars to December, we will have seen and heard an enormous number of advertisements for things we "must buy" for our families, our friends, and ourselves. Many of us find it hard to ignore these commercial messages and find ourselves amazed when, in January, the bills begin to arrive and dip into our budgets and our buckets.



However, there are many gifts that are not for sale, cost little or nothing, and are truly bucketfilling expressions of love. There are gifts that are acts of service, helping to paint a room or clean out a friend's garage or relative's basement. Enjoying time with friends on an outing or planning a trip together are gifts. Or, how about the gift of a handmade coupon for two 15-minute foot rubs?

Gifts can be words of affirmation, a note of appreciation or a handwritten letter listing five or ten reasons why you love someone. Gifts can be handmade or homemade; a tray of your special cookies or a child's drawing. Wonderful gifts can be found in nature, a wildflower, seashell or an unusual stone. They can be photographs (old or new) and/or time spent reminiscing with a loved one. They can also be two sincere sentences, "You don't need to buy me anything this year because **YOU** are the best gift I've ever been given. You fill my bucket all year long."

*The best gifts, the ones that truly fill buckets, are the ones wrapped in love.*

Happy Bucket Filling!

Carol McCloud

## #GivingTuesday #Teach1

Did you know that this Tuesday, December 1st, is Giving Tuesday? The organization, Learning to Give, is challenging educators world-wide to teach one philanthropy lesson, on Tuesday, December 1, 2015, to their students. Visit <http://www.learningtogive.org/> to learn more, including free lesson plans and resources, on how you can teach the value of giving time, talent, and treasure and make a difference for the common good!



### Our Bucket Filler of the Week\*

Kelli Butterfield from Eugene, Oregon

\*E-newsletter winners are randomly selected to win a free book!

### Bucketfilling Showcase



This week's picture was tweeted by **Nixon-Smiley Elementary**, in Nixon, Texas. This painted bucket is proudly displayed outside their building. Their students love doing acts of kindness and being bucket fillers everywhere they go!

We invite you to share! Email a picture of your bucketfilling person, bulletin board, mural or other artwork to [info@bucketfillers101.com](mailto:info@bucketfillers101.com).

Most of our subscribers are educators looking for classroom ideas. We have many ideas on our [Free Resources](#) page. Our books and other items are available for [purchase online](#). If there is something you are particularly interested in, please [contact us](#). At the request of many readers, past e-newsletters are available on our [website](#).

Sincerely,

*The Bucket Fillers Team*

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