



Bucket Fillers



Sharing Bucketfilling Ideas
Bucket Lesson #25

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What are 100 ways to fill a bucket?

Bucket fillers are caring and kind. They treat people and property with respect. Today's lesson is a brain storming session in which your students discover simple ways to fill buckets. Here are the steps:

1. Tell your students that you would like to compile a class-wide list of 100 different ways that they could fill buckets without spending money or taking much time.
2. Give each student a lined sheet of paper. Ask them to number each line from 1 to 20 and begin to think of ways they can fill buckets. Suggest that they start by thinking of positive action verbs such as listen, help, share, etc. Have them write their ideas down.
3. Ask them to raise their hands when they have 20 ideas written down. (Alternative: Have your students work with a classmate or in a small group to create a list.). As your students reach 20 ideas and begin to raise their hands, encourage them to keep writing while others finish.

4. Once everyone has had a chance to complete their list, ask each student to contribute a different bucketfilling idea. Write these ideas on the board or other location where everyone can see them.
5. When the class-wide list of 100 ideas is compiled, discuss what would happen if each person used the list to begin filling buckets. How many buckets would be filled? Would the people whose buckets they filled be happier? Would they be happier? Then, ask each student if they would like to be a bucket filler by filling at least one bucket a day.
6. Transcribe the list, adding a box to check off each action. Make copies and ask your students to begin working their lists, paying close attention to what filled buckets, theirs and other peoples, the most.

TO FILL YOUR BUCKETS: Email your completed list of 100 ideas to us at support@bucketfillers101.com, along with your name and mailing address, and we will send your class one copy of our revised, 10th anniversary edition of *Have You Filled a Bucket Today?*

For even more ideas, be sure to check out our past *Bucket Lessons* on our [website](#)!

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Office hours: Monday - Friday, 9:00am - 3:30pm