

# Bucket Fill-osophy 101™

Words of Wisdom to Keep Your Bucket Filled

Week of March 16, 2014

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## Stay Connected



## Lessons from the shoreline

Dear Fellow Bucket Filler,

My husband Jack and I get up early to walk the shoreline of Manasota Beach in Venice, Florida nearly every morning. Whether alone or with friends or family, we notice one thing: We find whatever we decide to look for.

When we look for shark's teeth, we find shark's teeth. When we look for a particular color or type of seashell, we find that seashell. When we look for sandpipers, we notice more sandpipers. When we look for rocks to skip, we find rocks to skip. When we look for crab traps or boats or smiling faces, we find those too. Our walks along the shore mirror life. We all find what we look for, what we seek, and what we focus on.

We are into the third month of the "new" year and I continue to seek and find something good in everything I do and every person I meet. I look for the good and beautiful in the meals I plan, the trips I take, the conversations I have, and even the grocery shopping I do. I have found people who delight me and experiences that will fill my bucket with memories for all the new years to come.

Wishing you Great Finds,  
Carol McCloud

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## Our Bucket Filler of the Week\*

Vicki Johnson of the First Born Program in Silver City, NM.

\*E-newsletter winners are randomly selected to win a free copy of our latest book, "Bucket Filling from A to Z!"

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## Bucketfilling Showcase



This issue's picture was shared with us by Elaine White from **Valley Vista Elementary School** in **North Royalton, Ohio**. They combined two of their favorite books, *Have You Filled a Bucket Today?* and *The Crayon Box that Talked*, by using crayon boxes for each class instead of buckets.

We invite you to showcase your organization's bucket filling in our worldwide e-newsletter. Email a picture of your bucketfilling bulletin board, mural or other artwork to [info@bucketfillers101.com](mailto:info@bucketfillers101.com).