

# BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

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*Bucket Nuggets from Carol McCloud,  
The Bucket Lady*

*What would we do without computers, the Internet or the ability to communicate via email? Technology makes it possible to quickly share so much.*

*The following was "forwarded" through cyberspace until it came to rest in my mailbox. After reading it, I thought, "This is a Nugget."*

## Making a Difference

### Her bucket is full (!!!)

*Raina Mallard, a school counselor at Brooklet Elementary School in Brooklet, Georgia sends this lively, enthusiastic response to Have You Filled a Bucket Today?*

"WOO HOO!!! HOW AWESOME!!!

Your book was on a suggested children's literature/bibliotherapy list I obtained at a school counseling conference.

I ordered it (along with 35 others) upon returning to my school, not really knowing much about it. I LOVE the book and the message it shares!

Many of my classroom guidance lessons focus on caring for others, but I have wanted something to really reach the kids about showing kindness, both in action and in words.

THIS BOOK IS IT!! I am going to use this book in very COOL ways - as the focus of my school counseling program. I'm so excited.

Thank you for so wonderfully illustrating this concept."

### BUCKET CHUCKLES

#### Questions & Answers

Waiting to cross the street, a woman turned to the man next to her and asked, "What's the quickest way from here to Philadelphia?"

"Are you walking or driving," he asked.

"Driving," she replied.

"That's definitely the quickest way," he declared.

...

On a recent visit, Mary's doctor asked, "What's the most you've ever weighed?"

"One hundred and fifty-nine pounds," she admitted.

"And the least?" he asked.

"Six pounds, four ounces." she replied.

## When you thought I wasn't looking

*When you thought I wasn't looking, I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.*

*When you thought I wasn't looking, I saw you feed a stray cat, and I learned that it was good to be kind to animals.*

*When you thought I wasn't looking, I saw you make my favorite cake for me, and I learned that the little things can be the special things in life.*

*When you thought I wasn't looking, I heard you say a prayer, and I knew that there is a God I could always talk to, and I learned to trust in Him.*

*When you thought I wasn't looking, I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.*

*When you thought I wasn't looking, I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.*

*When you thought I wasn't looking, I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.*

*When you thought I wasn't looking, I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.*

*When you thought I wasn't looking, I saw that you cared, and I wanted to be everything that I could be.*

*When you thought I wasn't looking, I learned most of life's lessons that I need to know to be a good and productive person when I grow up.*

*When you thought I wasn't looking, I looked at you and wanted to say,*

*"Thanks for all the things I saw when you thought I wasn't looking."*

*This week's winners*

## Congratulations!



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**Raina Mallard**, (see Making a Difference column) is our Bucket Filler of the Week. Congratulations, Raina! You have a book coming your way. Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

*Quote of the Week*

**"Keeping busy and making optimism a way of life can restore your faith in yourself." — Lucille Ball**