

BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

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Making a Difference

Spreading the word on the net

Have You Filled a Bucket Today? is now among the top 2,500 books offered on Amazon.com..

Sara Yashar posted a five-star review on Amazon and here's what she had to say:

"The concept of bucket filling is one that kids can really understand and relate to.

I read it to my three-year old, and now he asks for it every night. He loves the pictures and has even begun talking about bucket filling when he says something nice to someone.

This book is a wonderful tool for families and teachers to give kids a visual way to think about kindness toward others.

It's a good reminder for adults, too!"

BUCKET CHUCKLES

When my grandson and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects.

Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use, Grandpa, the mosquitoes are coming after us with flashlights!"



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Bucket Nuggets from Carol McCloud, *The Bucket Lady*

A summer bouquet

This week's Nugget is offered by our newsletter editor, Glennie Merillat. While cleaning a bookshelf, she discovered a tiny volume that she had given her mother in 1969 and was delighted with its bucket filling thoughts.

Here are seven days and seven ways to fill a bucket from *A Treasury of Thoughts*:

—Sunday—

*This is the day for rejoicing
For thinking of God above
Arise and **give thanks** for the blessings
Of His deep and abiding love.*

—Monday—

*Is there someone you know who is lonely?
Someone you haven't seen for awhile?
Let them **know you care** about them
With a call, a card or a smile.*

—Tuesday—

*Don't neglect the chance today
To do some kindly act
Or **pay a little compliment**
With thoughtfulness and tact.*

—Wednesday—

*This is a day for forgetting
Yesterdays cares and strife
This is a day for **remembering**
The joys and blessings of life*



—Thursday—

*Think of a friend who's in trouble
Is there some little thing you can do?
If nothing else, **offer a prayer**
From a heart that's sincere and true.*

—Friday—

*Think about all of your loved ones
Then find some way of **expressing**
The thought that their love will always be
Your life's most wonderful blessing.*

—Saturday—

*Today you may have cares and duties
And dozens of things to be done
But don't let the day come to an end
Without some **laughter and fun.***



This week's winners

Congratulations!



Mary Helen Gensch, with Whitko Community Schools, Pierceton, Indiana, is our Bucket Filler of the Week. Congratulations, Mary Helen! You have a book coming your way. Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

www.bucketfillers101.com.

Quote of the Week

"Prepare your mind to receive the best that life has to offer." — Ernest Holmes