

# BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

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## Making a Difference

### An order from afar

Imagine our excitement when we received an order for "Have You Filled a Bucket Today?" plus bucketfilling materials from "down under." We emailed Jan Reilly and asked her how she heard about us.

"I am a teacher of some 30 years. I have spent the last five years as Literacy Leader/Student Well Being Coordinator in a Catholic Primary School in **Melbourne Australia**.

I'm not sure exactly where I came across Bucketfillers. I guess it was as I was roaming the net, as I often do in my capacity as Student Well Being officer.

I introduced it to our staff and we use it from a staff perspective. I'm not sure that any of the teachers have picked it up in their classrooms.

This term I have had to go back into the classroom to relieve one of our teachers who has a serious illness. I thought I would try Bucketfillers with my little Kindergarteners and Grade 1's. They just love it and it has changed the classroom climate enormously.

We have a bucket and drop in a coloured papier maché egg for each positive we give. The aim is to have that bucket overflowing every single day.

They are dying for the materials I ordered" to arrive. They think it's pretty special getting mail from America!"

### BUCKET CHUCKLES

When my six-year-old grandson called the other day to wish me happy birthday, he asked me how old I was. I told him, "I'm 62."

He was quiet for a bit and then he asked, "Did you start at one?"

### BUCKET FILLERS, INC.

PO BOX 255

BRIGHTON, MI 48116

PHONE: 810.229.5468

FAX: 810.588.6782

[WWW.BUCKETFILLERS101.COM](http://WWW.BUCKETFILLERS101.COM)

Designed & edited by Glenn Merillat

*Bucket Nuggets from Carol McCloud, The Bucket Lady*

## America, you're beautiful!

By our newsletter designer/editor, Glenn Merillat



This week we observed Memorial Day.

Originally named "Decoration Day," this day was set aside each year to honor those who died during our Civil War.

Sadly, in the century and a half since the widows in the north and south began decorating the graves of their loved ones, our country now honors nearly two million men and women who have fought and died on battlefields around the world.

Today's America — this big, sprawling land of the free and home of the brave— **needs to have its bucket filled.**

There are too many, both here and abroad, who are dipping in America's bucket at alarming rate.

Without realizing it, we've begun to doubt our place in the world. It's so easy to concentrate on the current challenges we are facing as a nation and forget all that is good about America.

Throughout our history people have struggled to escape oppression and dictatorships to become part of the American dream. Many still risk their lives to reach our shores, with very few leaving this land for another.

**America needs its spirit revived—its bucket filled.**

We teach our children that when we dip into a person's bucket, we dip into our own.

This applies to countries as well.

When we refuse to participate in negativity about our country, we are helping to put a protective lid on our nation's bucket. When, together, we hold America in our hearts and envision a brighter, more prosperous future, we are bucket filling on a grand scale.

And, perhaps most important, when we teach our children and grandchildren how much we value the hard-won freedoms we enjoy, we truly honor those who fought and died in order to preserve those freedoms.

When we do all of that, America's bucket will, once again, be full.

*This week's winners*

## Congratulations!



**Cassy Korinek**, of Dexter, Michigan is our Bucket Filler of the Week.

Congratulations, Cassy! You have a book coming your way.

Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

[www.bucketfillers101.com](http://www.bucketfillers101.com).

*Quote of the Week*

**"There is something magnificent in having a country to love."**

—James Russell Lowell, poet, essayist, 1819-1891