



YOUR BUCKETFILLING WORKSHOP

Bucketfilling Ideas to Create Bucketfilling Schools

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STEP THREE

Introducing the concept to students

From Your Bucket Fillers Team



Introducing bucket filling to your students begins with reading the books. *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids* was written primarily for children ages 4-10. This is an excellent book that will help you teach the concept as you begin to create a bucketfilling elementary school.

Our second book, *Fill a Bucket: A Guide to Daily Happiness for Young Children*, was written for children from birth to age 8 and works well at home, in preschool, and in classrooms through Grade 2.

Here are some ideas for using *Have You Filled a Bucket Today?* to introduce bucket filling:

- First, decide who will read the book in each classroom in your school. Will it be the principal, counselor or classroom teacher? As the book is read and the children begin to understand the concept of invisible buckets and how to fill them, tell them how they fill *your* bucket every day. Let them know that by listening and paying attention as you read, they are filling your bucket.
- **Page 4:** Point out the five different children on the page. How are they different? (Skin color, language, hair, house they live in, etc.). How are they the same? (They all carry a bucket.) Notice how they are all smiling and how all have full buckets. Do they think the full buckets and smiles might be connected?
- **Page 6:** This is just one example of a family. Discuss how everyone's family is different. Some families are small, some are big. Ask who else in this family has a bucket?
- **Pages 9-10:** Ask the children to think of a time when they've felt happy. Explain that happiness means their bucket is full. Discuss other words that describe how they feel when their buckets are full or empty.
- **Page 12-13:** The illustration shows children who are helping and being kind. Ask, "Are their buckets full or empty?" and, "Do you think it's easier to be a bucket filler when your bucket is full?"
- **Page 14-16:** These pages offer many discussion questions about the choices of the bystander. Have the children imagine themselves on one of these pages. What could they do if they saw what was happening? What are good choices to help? What are some poor choices that would not help? Draw their attention to the boys and girls who are being mean. Are their buckets full or empty?
- **Pages 22-25:** These pages illustrate several ways to fill buckets. Ask the class to think of some other ways to fill buckets.
- Agree that everyone, (including the teacher) will go home and fill the bucket of one person in their family. The following school day, have everyone share their bucketfilling experiences.

We think you will be surprised by how much you are able to teach with this little book.

For more ideas, go to our Resources Page at www.bucketfillers101.com

Download and print past newsletters and classroom ideas. If you are interested in a Bucket Fillers Professional Development Seminar (from 45 minutes to three hours long), call 810 229-5468 or email us at info@bucketfillers101.com.