

Growing Up with a Bucket Full of Happiness

Lesson #5 - Use Your Lid for Others

Objective

Learn how to use your lid for others.

Materials Needed

- * *Growing Up with a Bucket Full of Happiness* book
- * Pencil or Pen (if needed)

Instructions

- * Read chapter 5 of the book, *Growing Up with a Bucket Full of Happiness*.
- * After reading, discuss and answer the following questions:
 - 1) What does it mean to “Use Your Lid for Others?” _____

 - 2) If you see someone being bullied, you have a choice to make. Select the 3 best choices.
____ a. Stand by, ignore the bullying, and do nothing.
____ b. Alone or with a friend, stand up to the person(s) dipping.
____ c. Join in or encourage the person who is dipping or bullying.
____ d. Find and tell a responsible adult.
____ e. Go up to the person who is being bullied and be a friend.
 - 3) Name three people you help when you respectfully stand up to and for others.
a. _____
b. _____
c. _____
 - 4) What is an advanced bucket filler? _____
 - 5) Do you think the world would be boring if everyone looked the same? ____ Yes or ____ No
Explain: _____
 - 6) Is it important to choose how you treat others every day? ____ Yes or ____ No. Explain.

 - 7) It takes courage to stand up for others. ____ True or ____ False
 - 8) What do you call a person who stands up for others? _____
 - 9) Name two people from history who stood up for themselves and others.
a. _____
b. _____
 - 10) Name the three S’s in learning to use your list to help protect others.
a. _____
b. _____
c. _____