

# The BuCKet FiLLeR's PLedGE

The beginning of every school year we're always asked, "What's the best way to start the bucketfilling concept at my school?" The majority of the time our answer is always the same . . . Just like any skill, it takes daily practice for it to become a habit.

One of the best ways to start your day is to recite our Bucket Filler's Pledge as a class. Here's a great lesson to get your class started on their way to becoming daily bucket fillers!

## Purpose

To teach children the daily ritual that reinforces bucket filling at home, at school, and everywhere they go.

## Materials Needed

None

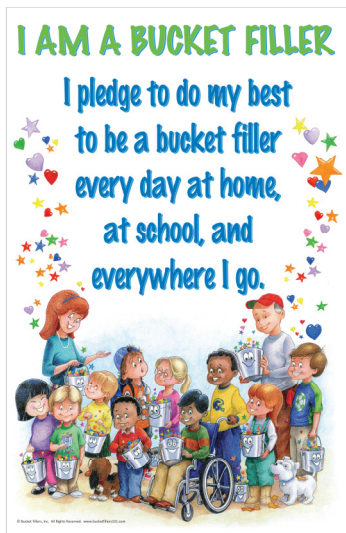
## Procedure

At the beginning of each day, ask the children to stand, put their right hand over their heart, and recite this pledge:

**I promise  
to do my best every day  
to be a bucket filler,  
not to dip,  
and to use my lid  
for myself and others  
at home,  
at school,  
and everywhere I go.**



If you have younger students, we have an easier version for them to recite:



**I AM A BUCKET FILLER**

**I pledge to do my best  
to be a bucket filler  
every day at home,  
at school, and  
everywhere I go.**

Practice this for at least the first month of school. You'll soon see that your students are memorizing the pledge and putting it into daily practice . . . Living their lives each day as bucket fillers!



**Bucket Fillers**

