



Bucket Fillosophy® 101

Words of Wisdom to Keep Your Bucket Filled

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Surprises on Our Bucket List



[Click for Video: Carol shares about this week's e-newsletter](#)

People often ask me if bucket filling is like a bucket list. I tell them that we think of a bucket list as a list of things that will fill your bucket before you pass away, a/k/a 'kick the bucket.' A bucket list is written so that you accomplish things that will bring you joy, bring other people joy, or do both. My husband, Jack, and I have a joint bucket list. We recently crossed off one big item - visit Australia.

Jack visited Sydney 50 years ago on R&R (rest and recuperation) when he was serving in the U.S. Army during the Vietnam War. He always wanted to go back. To celebrate his 70th birthday, we chose Australia as our bucket list item.

We decided to take four full weeks to explore both Australia and New Zealand. We wanted to snorkel the Great Barrier Reef, hike in the Daintree Rainforest, bicycle to Wellington's Mount Victoria, drive along the Great Ocean Road, and experience Ayers Rock at Sunset. We did all five and so much more. The sights, the sounds, and the smells of these beauties of nature still fill our buckets.

However, if someone were to ask us what filled our buckets the most on our trip, we would have to say it was the wonderful bucket fillers we met along the way. It was the friendly faces and welcoming kindheartedness of the Aussies, the Kiwis, and so many others that will forever remain in our memories. These new bucketfilling friends will continue to fill our buckets with the most joy . . . and they weren't even on our bucket list.

To Your Happiness,

Carol
