



100 Days of Bucket Filling

With summer just around the corner, this is our last bucket lesson for the 2016-2017 school year. We hope many of you will be taking some time to fill your buckets this summer by relaxing, vacationing, and having fun with your friends and family. We here at Bucket Fillers will be taking some time to do the same!

We also don't want to forget our neighbors and local communities that need their buckets filled over the summer. This is why we're challenging you to fill buckets for 100 days! That's right . . . for 100 days straight, throughout the summer, we are challenging you to purposely fill buckets everywhere you go. It doesn't have to take much time or cost any money, and can be done in a number of ways. Here are just a few cool ideas:

- Collect baby clothes and supplies to donate for new parents
- Volunteer at a summer camp
- Babysit for a neighbor to give them a break for a few hours
- Collect and donate books to your local library
- Read to residents at a nursing home
- Walk a dog at your local animal shelter
- Mow a neighbor's yard
- Clean up a local park
- Sponsor a recycling drive
- Grow and donate fresh vegetables to a food pantry
- Bake some cookies for your postal carrier
- Plant flowers for a new mom.

Keep track of your 100 days - from May 28 to September 4. To make it even easier, we've created a calendar for you to track your 100 days of bucket filling! Here's a link to download your free calendar. Come September, we'd love to hear the great things you've done for your 100 days! Email your list to us at info@bucketfillers101.com. For those of you that complete your 100 days challenge, and submit your list to us, we'll send you a free bucketfilling gift!

Have fun with your 100 days challenge and have a bucketfilling summer!

For even more ideas, be sure to check out our past *Bucket Lessons* on our **website**!