Helping Hands Fill Buckets

Overview: Begin the next month by reading the book, *Bucket Filling from A to Z*, to encourage discussion and creativity on ways we can help others and fill buckets. Our goal is to encourage helpfulness over the next month while creating a colorful rainbow of "helping hands" for your classroom wall or window.
How to Begin:

1. Read the book, *Bucket Filling from A to Z*, carefully viewing the illustrations so students can see the many ways we fill buckets by helping others.
2. During each week of the upcoming month, everyone (teacher included) will look for different ways that they can help someone.
3. Everyone will share what he or she did to fill a bucket by writing it on a handprint cut from construction paper that becomes part of a classroom rainbow.

Materials Needed:

1. Book: *Bucket Filling from A to Z* by Carol McCloud and Caryn Butzke.
2. Construction paper in a minimum of four rainbow colors (suggest blue, green, yellow, red).
3. Construction paper in silver or gray for buckets at the end of the rainbows.
4. Scissors, markers, and tape.
5. "Helping Hands Fill Buckets" or "We Are Bucket fillers" sign for the rainbow display.

Steps:

1. While reading *Bucket Filling from A to Z*, discuss the different ways help was given. Encourage your students to think of additional ways to help others. Keep the momentum going with enthusiasm and more ideas.
2. Ask your students if they would like to join you in promising to help at least one person every week during the month and reporting it to the class in an entertaining way.
3. At the beginning of the first week, each student will receive the first color of construction paper to make the innermost rainbow band.
4. Each person will outline their hand with a marker or pencil, cut out their handprints, and write their name near the wrist of the cutout.
5. Prior to Monday of the upcoming week, everyone will print one action they took to fill someone's bucket. If you or your students would like to report more than one bucketfilling experience, extra hands can go into the bucket near the end of the rainbow.
6. On each of the four Mondays, the class will hang their handprints as the next band of the rainbow and share what they did to fill someone's bucket.

Be sure have a picture taken of the class (teacher included) standing proudly in front of the classroom rainbow. Good luck with this colorful bucketfilling lesson. We'd love to see and hear about your experience.

For even more ideas, be sure to check out our past *Bucket Lessons* on our [website](#)!