Week of DECEMBER 6 2009 • Volume 3, Issue 20

Making a Difference

November 2009 PRESENTATION UPDATE

Sessions: 46 Attendance: 7,860

- Bemis Elementary, Troy, MI
- Betsie Valley Elementary Thompsonville, MI
- Britton-Macon Elementary, Britton, MI
- Coburn School, Battle Creek, MI
- East Hancock Elementary, Kiln, MS
- Eureka Heights Elementary Taylor, MI
- Excel Employment Options, Howell, MI
- Hancock County School District, Kiln, MI
- Hicksville Elementary, Hicksville, OH
- Kent City Elementary, Kent City, MI
- Kingsley Montessori School, Boston, MA
- Kinyon Elementary, Taylor, MI
- Lands' End Shop, Burlington, MA
- Leadership Livingston, Howell, MI
- Manton Elementary, Manton, MI
- Monclova Primary School, Monclova, OH
- Nassau County School District, East Meadow, NY
- Oakman Elementary, Dearborn MI
- Ottawa Hills Elementary, Toledo, OH
- Park Street School, Boston, MA
- St. Regis Catholic School, Bloomfield Hills, MI
- Strausser Elementary, Massillon, OH
- The Alexander Dawson School, Las Vegas, NV
- Thornton Creek Elementary, Novi, MI

Total Bucketfilling Sessions Taught through November 30, 2009

Sessions......1,514 Attendance....212,000

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Bucket Nuggets

Priceless Holidays

Kathy Martin, M.A., L.P.C.

The holidays are a time to make wonderful memories with family and friends.

Gifts of appreciation and love are also a special part of many holiday gatherings.

If the economy has had a negative impact on your budget, you may find yourself going into the holidays feeling worried, anxious, and pressured, or with a bucket that is less than full.

The inability to spend as much as you have in past years doesn't have to dip into your bucket.

It's wise to limit our spending to what we can afford although it's natural for bucket fillers to want to give generously. However, advanced bucket fillers know that spending more than they have can dip into their buckets for months to come.

There is an answer.

Consider this year an opportunity for you and your family to learn how to enjoy the season in more meaningful ways; to teach your children (and yourself) how to be both caring **and** responsible.

You may think that you will be dipping into your children's buckets if you don't give them as much as you have in past years but, sooner or later, children must learn that they can't have everything they want. Disappointments are part of life; the economy has certainly taught us this.

Perhaps the economy is a blessing in disguise; one that will require us to rethink how we will celebrate the holidays.

Think about your own childhood. What did you value and enjoy most? Was it one special gift rather than a whole assortment? Was it doing things together with people you love?

My two grandchildren are ages three and one. I pick up a box of graham crackers, some frosting and candy from the dollar store, and we make a holiday gingerbread house. It doesn't cost much and we make lots of happy memories.

One of the best gifts you can give this holiday is to promise yourself to be a bucket filler. Promise yourself that you will spend time really listening to others, that you will be an encourager, instead of a complainer, and that you will look for ways to sincerely compliment others.

These are only three of the many gifts that fill buckets, that never dip, and they won't cost a penny.

Wishing you the most bucketfilling holiday ever!

This week's winners

Congratulations!

Stephanie McCloskey of Twin Lakes School Corp. in Monticello, Indiana is our bucket filler of the week. Congratulations Stephanie! You have a book coming your way. Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

www.bucketfillers101.com.

Quote of the Week

"Burn brightly without burning out,"—Richard Biggs