

BUCKET FILL-OSOPHY 101™

Weekly words of wisdom to keep your bucket filled

Week of FEBRUARY 1, 2009 • Volume 4, Issue 3

Making a Difference

JANUARY 2009

Presentations

Sessions: 77
Attendance: 14,720

- All Saints Catholic School, Canton, MI
- Bellaire Elementary, Killeen, TX
- Carkenord Elementary, Chesterfield, MI
- Caroline Street Elementary, Saratoga Springs, NY
- Cedar Valley Elementary, Killeen, TX
- Division Street Elementary, Saratoga Springs, NY
- Dundee Elementary, Dundee, MI
- Eagle Elementary, Medford, NY
- Fowler Elementary, Killeen, TX
- Geyser Road Elementary, Saratoga Springs, NY
- Greenfield Elementary, Greenfield, NY
- Grundy Elementary, Holbrook, NY
- Higgins Elementary, Chesterfield, MI
- Hillside Elementary, Harrison, MI
- Iduma Elementary, Killeen, TX
- James B. Eads Elementary, Munster, IN
- Johnson Preschool, Taylor, MI
- Karigon Elementary, Clifton Park, NY
- Lake Avenue Elementary, Saratoga Springs, NY
- Lincoln Elementary, Adrian, MI
- Meridian Elementary, Grosse Isle, MI
- Novi Woods Elementary, Novi, MI
- Okte Elementary, Clifton Park, NY
- Parke Lane Elementary, Grosse Isle, MI
- Riverside Elementary, Battle Creek, MI
- Shrine Catholic Grade School, Royal Oak, MI
- St. Valentine School, Redford, MI
- Surline Elementary, West Branch, MI
- Timber Ridge Elementary, Killeen, TX
- Tobey Elementary, Vicksburg, MI
- Wattles Elementary, Troy, MI

Total Bucketfilling Sessions through 1/31/09

Sessions: 1,109
Attendance: 143,000

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Designed & edited by Glenny Merillat

*Bucket Nuggets from Carol McCloud,
The Bucket Lady*

A child's view of bucket filling

Our email bag is always filled with inspiring stories. This one comes from Annette Beuthin, who lives in Bay City, Michigan. Annette is the proud mother of a 13-year-old son who responded to his teacher's request for a paper about proper school behavior with these words:

"One thing my mom teaches as a literacy teacher is a thing called "bucket filling."

Bucketfilling is when you are nice to people. See, everybody has an invisible bucket and you can empty and fill buckets.

If you fill a bucket, it means that you do something nice for that other person. If you are a bucket dipper, then you make people feel bad, like making fun of them or bullying them.

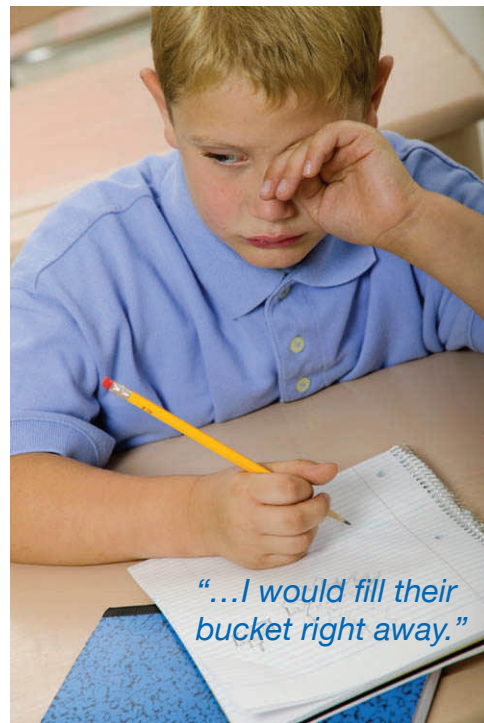
Sometimes, if someone keeps on dipping in your bucket then you can put a lid over your bucket (ignoring them) and then they cannot make you feel bad!

Also, you can overfill someone's bucket and you have really made their day.

To fill a bucket, you can give them a gift or give them a hug and they say thank you to you and you have filled their bucket!

But if someone's bucket is completely empty, then that is called an emergency! They need their bucket filled pronto! So you can be a hero and overfill their bucket!

If I ever found someone like that, I would fill their bucket right away!
It is a cool way to look at it!"



This week's winners

Congratulations!



Nancy Prisby, of Novi, Michigan is our Bucket Filler of the Week.

Congratulations, Nancy! You have a book coming your way. Every bucket filler is a winner! Encourage your friends to get their buckets filled every week by signing on for our newsletter at

www.bucketfillers101.com.

Quote of the Week

"They always say time changes things, but you actually have to change them yourself." — Andy Warhol-1928-1987