



Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids

10th Anniversary Edition

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Bucket Fillers, Inc.

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Revised and Updated 10th Anniversary Edition is Now Available!

Since first published in 2006 as a paperback and hard cover children's picture book, *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids*, has sold well over one million copies and has been used to teach character development in elementary schools around the world. The paperback edition continually ranks in the Top 1000, and often in the Top 100, of the nearly 30 million books sold on Amazon.com.

You might ask why, in light of this stunning success, we would choose to revise and republish this award-winning, five-star rated, best seller. The answer is simple: to make it a better book.

The Bucket Fillers Team learned from readers, teachers and parents that children (and sometimes adults) were using the label, "bucket dipper," in a judgmental manner. Our team also realized that the book was not only being read to children; adults were reading it as well. We agreed that readers needed a clearer, broader and more comprehensive understanding of the bucket concept stated in simple terms.

After revisiting the text, author Carol McCloud made a few changes to clarify the understanding of the bucket concept. The three major changes in our 10th anniversary edition are:

- 1) The nouns "bucket dipper" and "bully" have been replaced by the verbs "bucket dipping" and "bullying" to help readers better understand that "bucket dipping" and "bullying" are negative behaviors (what we are doing) and not permanent labels (who we are)—"He's dipping in my bucket" rather than "She's a bucket dipper." Note: Even the most dedicated bucket fillers occasionally dip into buckets.
- 2) Readers will also learn that it is possible to dip into one's own bucket as well as fill it.
- 3) And, while young children rely on caregivers to fill their buckets, bucket filling is a choice and everyone can, at some point, learn to fill their own buckets, too.

In making these changes, our team believes we have made a good book a much better book.

These expanded concepts and others are explained in our 2010 sequel and lengthier chapter book, *Growing Up with a Bucket Full of Happiness: Three Rules for a Happier Life*. They also play an important role in the presentations that our Bucket Fillers Team continues to offer schools around the globe.

AUTHOR: Since her first book, *Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids*, was published in 2006, Carol McCloud has authored or coauthored seven additional books on "bucket filling." With a small team of educators, she travels around the world with one goal in mind: to help create happier lives. Carol is a graduate of Oakland University School of Education (Rochester, MI), a certified Emotional Intelligence Trainer, and long-time member of the National Association for the Education of Young Children (NAEYC).